

# Nonstop Health key dates and deadlines





## **JANUARY 1**

Your out-of-pocket max resets



### MARCH 31

Due date of all the previous year's claims



### 90 DAYS

If you leave your position or become otherwise ineligible for benefits, you have 90 days from your last day of coverage to submit any outstanding claims or provider bills to Nonstop for payment.



# 1 YEAR

Keep all documentation (bills, receipts, and Explanation of Benefits) related to any services or prescriptions you paid for with your Nonstop Visa card for one full year. If Nonstop contacts you to substantiate a charge on your Nonstop Visa card, we will ask for this documentation to verify the charge was for a covered medical service or prescription.

If you have additional questions, please reach out to Nonstop Health!

We can be reached by phone at 877.626.6057 or by email at <u>clientsupport@nonstophealth.com</u>. You can also Chat with us on our mobile app. We are open Monday-Friday, 6am-5pm Pacific Time.